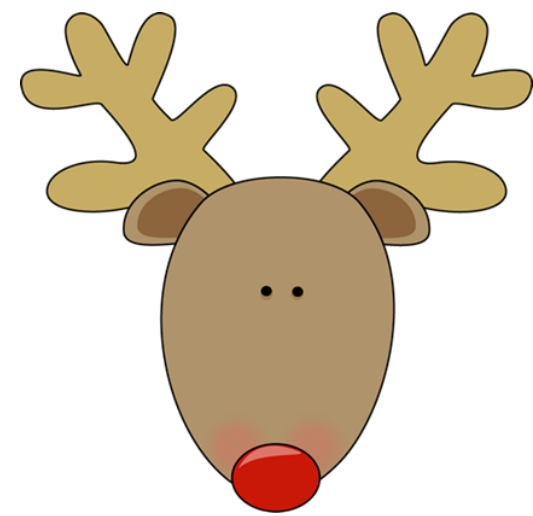
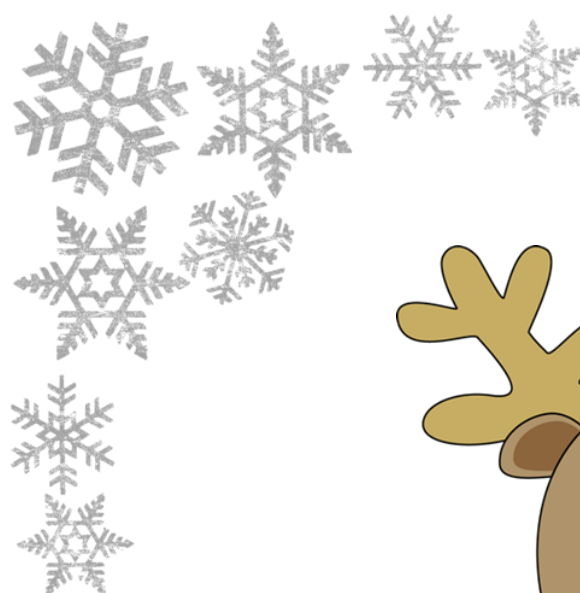
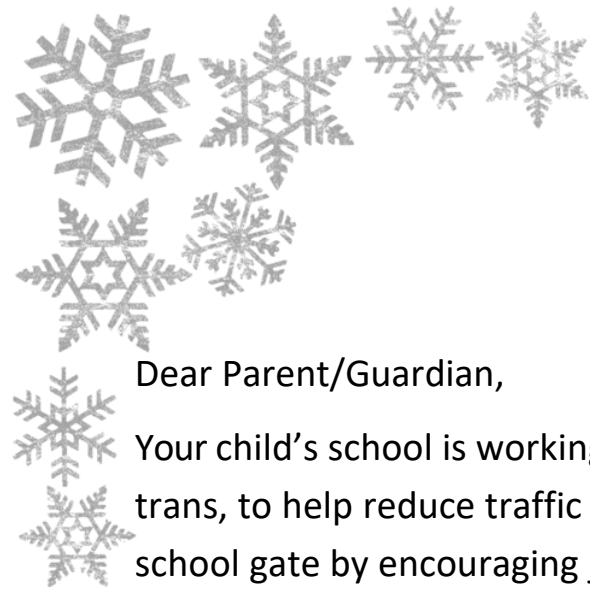
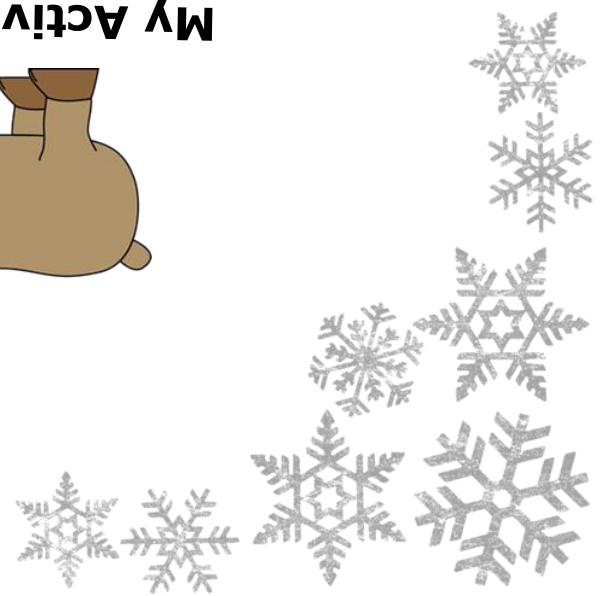
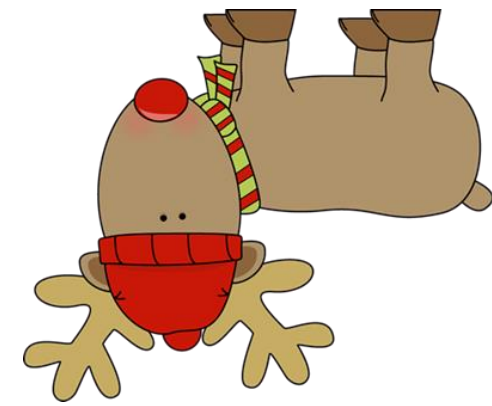


Overall Total: _____ miles

		Friday
		Thursday
		Wednesday
		Tuesday
		Monday
Other exercise	Other active Journeys	
Total 'miles' other exercise:	Total 'miles' other active Journeys:	

		Friday
		Thursday
		Wednesday
		Tuesday
		Monday
Journey from school	Journey to School	
Total 'miles' Journey from school:	Total 'miles' Journey to School:	

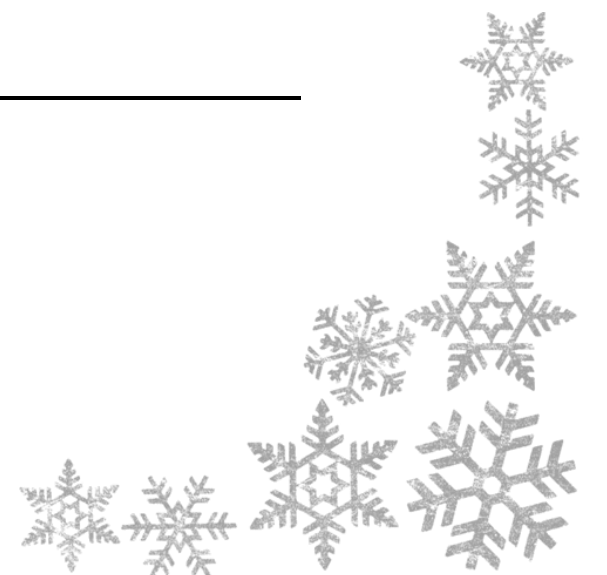


Leg it to Lapland! Passport

Name: _____

Class: _____

School: _____



Dear Parent/Guardian,

Your child's school is working with sustainable transport charity Sustrans, to help reduce traffic congestion and air pollution around the school gate by encouraging journeys to and from school to be made on foot, by scooter or by bicycle.

Thank you for your support during the Active Travel Winter Challenge – Leg it to Lapland!

Every day your child travels actively to school during the challenge week they will earn 'one virtual mile' towards Lapland. Unless the journey is longer than a mile in which case every mile counts!

Completing 30 mins of other exercise e.g. Dancing, scoring goals at football practice, or learning some new moves at Taekwondo practice will also earn you a virtual mile! Completing other active journeys i.e. walking to swimming practice will also earn you a virtual mile!

The school who gets the closest to Lapland will be the winner!

A prize will be available for one individual per class who has gone the extra mile, quite literally, during the Leg it to Lapland challenge week. These prize winners will be chosen by each class teacher.

Good luck!