

I Bike

#IBIKEROCKS



Duration: 30 Mins



Materials Required: Rock, Paint or Pens

Aim: Decorate a rock and hide it in your local area for someone else to find!

Instructions:

- ⇒ Find a rock that's big enough to decorate
- ⇒ Decide on what you want to draw – you could try on paper first to help you make a plan
- ⇒ Use pens, paint or chalk to decorate your rock
- ⇒ When you are walking, cycling or scooting - leave your rock somewhere in your local area - there will be an activity next week where you can hide your rock
- ⇒ Do you want to share a hint with your friends so they can find it?

Enjoy this activity? Tag us @SustransScot on [Facebook](#) and [Twitter](#).

Make sure you get permission first!

Funded by Scottish Government and delivered by Sustrans in partnership with local authorities, I Bike promotes cycling, walking and scooting in schools. I Bike encourages exercise and reduces congestion by empowering teachers, parents and pupils to travel actively, safely and confidently to school.

Find out more at www.ibike.sustrans.org.uk