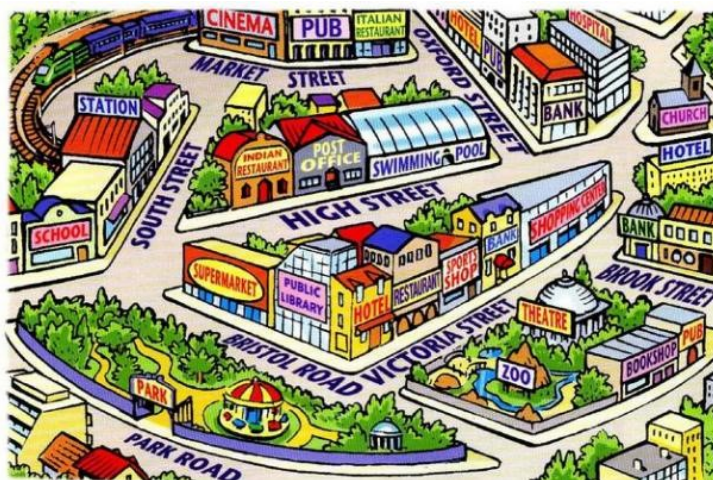


I Bike

COIN WALK



Duration: 45 Mins



Materials Required: Coin,
Map

Aim: Enjoy a walk where your direction is decided by the toss of a coin! You might discover new places in your local area!

Instructions:

- ⇒ Decide how you will keep track of how to get home—do you need a map, do you have a phone & an app that can help? You could mark the turns with chalk
- ⇒ If you painted an I Bike rock, you can take it and place it at the end of your walk
- ⇒ Agree a time limit, & how far you can go with your parents or carers
- ⇒ Go out for a walk round your local area
- ⇒ When you come to a junction toss a coin, heading right on tails, left on heads
- ⇒ Take photos or draw what you saw on your journey

Mix it up!

- ⇒ You could do this on a bike or scooter instead of walking
- ⇒ See if you get further away the next time
- ⇒ Can you send a clue to a friend so they find your rock?

Enjoy this activity? Tag us @SustransScot on [Facebook](#) and [Twitter](#).

Make sure you get permission first!

Funded by Scottish Government and delivered by Sustrans in partnership with local authorities, I Bike promotes cycling, walking and scooting in schools. I Bike encourages exercise and reduces congestion by empowering teachers, parents and pupils to travel actively, safely and confidently to school.

Find out more at www.ibike.sustrans.org.uk