

I BIKE

HISTORY OF THE BIKE



 DURATION: AS LONG AS YOU NEED  MATERIALS REQUIRED: INTERNET/BOOKS. PEN & PAPER

DRAW AND LABEL A BIKE FROM THE PAST

Aim: Research bicycles and find one that you like from 1950 or before - E.G. Rover Safety Bicycle



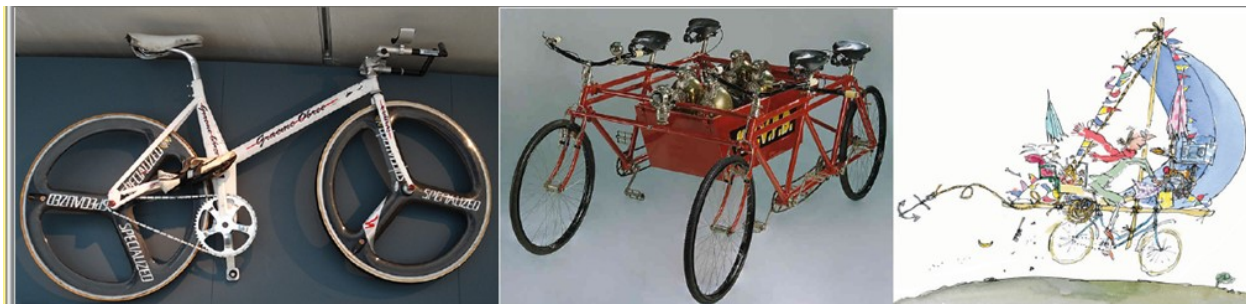
Instructions: Look up a bike on the internet or from a book – do a detailed drawing of the bike, and label the key components (parts that make it work!) that we discussed in the video e.g. brakes, gears, tyres etc.

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DESIGN YOUR OWN WONDER BIKE!

Aim: Use your imagination to design your own bike.

Instructions: Design your own bike your own bike including the components you have learnt about and any other parts you want to use! Feel free to use the worksheet below to help you get your wheels perfectly round! Think about what you want your bike to be capable of—Add labels if you like!



Enjoy this activity? Use #stayhomestayactive and tag us @SustransScot on [Facebook](#) and [Twitter](#).

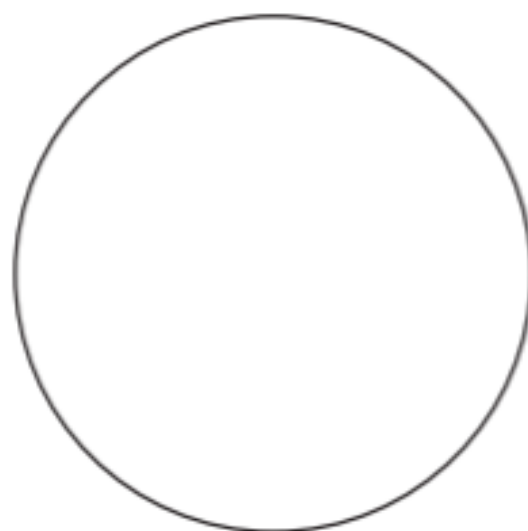
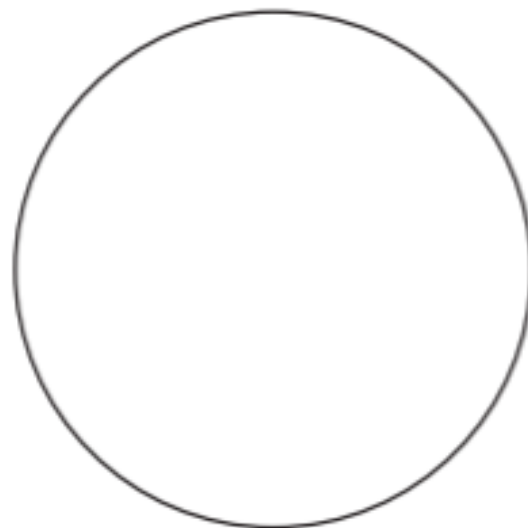
Make sure you get permission first!

Funded by Scottish Government and delivered by Sustrans in partnership with local authorities, I Bike promotes cycling, walking and scooting in schools. I Bike encourages exercise and reduces congestion by empowering teachers, parents and pupils to travel actively, safely and confidently to school.

Find out more at www.ibike.sustrans.org.uk

I BIKE

BIKE TEMPLATE



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