

Leg It to Lapland!

Active Travel School Winter Challenge



A quick guide for staff:

- The aim of the challenge is to get as many active journeys recorded in one week
- Each journey to school counts as one virtual mile to Lapland unless the journey is longer than a mile in which case every mile counts
 - i.e. Kevin is dropped off half a mile from the school gate and walks the last bit (Park and stride). As he has completed one active journey he would get 1 virtual mile towards the Lapland total.
 - i.e Anna cycles 3 miles to school and 3 miles home- This earns her 6 virtual miles towards Lapland
- Children will mark their own 'miles' in their individual passports- you can print the passports off, fill them in electronically or even get pupils to copy the recording tables into their own jotters!
- Use the Class Recording Chart provided to document all the 'miles' made by your class daily- **The Class Recording chart is the most important thing to keep updated as we will use these to total the miles travelled towards Lapland!**
- Group activities will also be recorded on the Class recording sheet (each 30 minute of physical exercise or movement counts as 1 virtual mile per person towards Lapland) Please only count these miles if real effort has been made

- Taking part in the daily mile, a game of netball or scooter skills would count as physical exercise
- Taking part in non-active outdoor learning, being outside at playtime or setting out booby-traps to capture Marve and Harry the wet bandits does not count as physical exercise.
- At the end of the challenge, all the miles will be counted. There shall be prizes for the school with the highest average number of miles per pupil getting them closest to Lapland!
- A prize will be available for one individual per class who has gone the extra mile, quite literally, during the leg it to Lapland challenge week. These prize winners will be chosen by each class teacher.